

Week 5 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Cheesy tomato pasta bake with peas and corn	Pumpkin soup with rice	Mixed wholemeal sandwiches	Vegetarian lasagne with Israeli salad	Tuna mornay with rice & mixed vegies
Afternoon Tea	Vegie Sticks with humus and rice crackers	Cheese and Vegemite scroll	Vanilla yoghurt and fruit compote	Vegie sticks with tuna dip and rice crackers	Challah
Supper	Oranges, Apples & Bikkies	Watermelon, Apples & Bikkies	Cantaloupe, Apples & Bikkies	Oranges, Apples & Bikkies	Oranges, Apples & Bikkies

Wheatbix and Corn Flakes are served daily for breakfast.
Fresh seasonal fruit is served daily for Morning Tea.

Updated: October 6 2009

